

Water: The Foundation of Life



No living thing on Earth can survive in the absolute absence of water. It is the common blood that binds humankind to every other creature. Animals, reptiles, birds, plants, trees, toadstools and the spectacular variety of creatures that live in the oceans that gird our world depend on water at ever level. Water-propelled chemical and ionic processes drive the biology in the bodies of fish, insects and people. From the continuous function of the single cells to the cardiac system in an ostrich, trace amounts of organic chemicals produced naturally serve as the body's signal systems, telling all of an animal's organs and cells when to speed up, slow down and change gears.

As such, many species are also extremely sensitive to the purity of the waters that they drink and in which they swim. Water contaminated by either naturally occurring or man-made chemicals can easily disrupt or destroy the delicate chemical balances in any living creature. Worse yet is the impact when outright poisons creep into the water supply. The U.S. Environmental Protection Agency's National Primary Drinking Water Regulations cite a mere *one part per million* as the level at which drinking water is contaminated by the nitrites generated through the use of commonly used chemical fertilizers. Many other chemical compounds are similarly toxic in very small concentrations*.

Beyond the risk of outright poisoning, extensive research has been conducted that indicates that most people do not drink enough water to allow the body to effectively fight disease and fortify against chronic ailments. Fereydoon Batmanghelidj, M.D., an

internationally renowned researcher, has written several books citing the natural healing power of water. "Dr. Batman" has found chronic dehydration to be a cause of many conditions including asthma, allergies, arthritis, angina, migraine headaches, hypertension, raised cholesterol, chronic fatigue syndrome, multiple sclerosis, depression, and diabetes in the elderly.

Start with Pure Water

Clearly access to water free of toxins or excessive concentrations of naturally occurring minerals is essential to the health of our bodies, our livestock and our crops. A number of options exist for ensuring that the water we use is helping rather than hurting us.

Mechanical Filtration: Some readers may wish to consider improving the quality of their drinking water through filtration. Filtration systems come in a wide variety of price ranges, from whole-house systems that cost thousands of dollars to simple faucet-mounted units

available at any discount department store for under twenty dollars. Of course, the effectiveness of any filtration unit will depend on that unit's overall quality and design, the severity of any problems with the water and the proper upkeep of the system; any filter screens or cartridges must be cleaned or replaced periodically for a filtration system to remain effective.

In most communities, homeowners can find help evaluating and selecting filtration options by speaking to someone at their local health food store, plumbing supply, or by contacting a well and filter specialist from the yellow pages. However, we **strongly** urge anyone considering any kind of significant purchase to get more than one analysis and



price estimate! Through personal experience we have learned that the recommendations of filter specialists can vary wildly, not only in terms of the types of suggested hardware but also with regards to the prices you will be asked to pay. We have also seen that unscrupulous vendors will quickly resort to using scare tactics in order to try to convince you to spend thousands of dollars unnecessarily.

Bottled Water: In some households bottled water may be the most straightforward answer for ensuring access to top quality drinking and cooking water. In addition to the countless options available in the grocery store, many communities have water vendors who will bring water to your residence on a predetermined weekly or monthly schedule in five-gallon carboys. The large bottles are designed for use with freestanding dispensers that can be rented from the vendor or purchased from a third party for a relatively nominal cost. Of course, just because the water comes in a bottle this is no guarantee of purity! Be sure to read and ask questions about the source of the water and the nature of any processing. In all cases, readers are encouraged to dowse for the appropriateness of a particular brand or source of water's ability to meet their specific needs.

Subtle Energy Analysis: Water used for agricultural applications may also be analyzed using an experimental variable capacitance Psychotronic tuner. Like any analysis, overall General Vitality serves as the bellwether for the health of the sample. Acidity and Alkalinity should be in balance and approaching General Vitality. Oxygenation and other key minerals should be similarly strong. A Water Contamination Analysis Worksheet (attached with this issue for subscribers of *K.R.R.*) catalogues many contaminants found in our waters. Researchers should consider testing against each of these contaminants for

individual strength, then take steps to reduce any contaminant measured in excess of 50.

Of course, the results of any subtle energy water analysis will vary considerably from the results presented by conventional laboratory analysis testing, as in most cases the specific elements represented by different rates are actually a composite of an infinite number of coexisting realities and probabilities whose importance varies based on the specific circumstances at hand. Specifically, the focused intent of the researcher serves to shape the recorded output given the subconscious subtext of that specific situation, which in turn front loads the results in order to clearly identify the appropriate course of action.

What does all that mean in plain English? Consider the trained operator working on his or her farm. The specific crops being raised, the amount of strong and shielded sun, the local soil mineral composition, these and a hundred other factors are well known to the farmer as a result of personal experience. When the farmer then sets the rate for a mineral like potassium and turns the intensity dial, the intensity reported reflects the weight of *all* of those other factors through the operators focused intent. As such, the strength of the energy-as-information that we call potassium is relative to the amount of potassium energy required by that farmer on that farm at that moment, given the many specific conditions.

For these reasons, the results of a subtle energy and traditional water analysis should be considered each on their own terms and utilized accordingly.

Conclusion

Clean, pure water is a necessity for anyone seeking to raise healthy crops and livestock. Steps should be taken to test and understand the quality of the water utilized on the farm and in daily life.

* U.S. Environmental Protection Agency web site (2002); *List of Drinking Water Contaminants & Maximum Contaminant Levels*. From: www.epa.gov/safewater/mcl.html#mcls.